



Denton and South Heighton Junior Football Club – COVID-19 Risk Assessment

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|---------------------------------|--|--------------------|------------------|---------------------|------------------|
| Activity: | Club Training – ALL Ages | | | | |
| Event Date: | Week Commencing 20/07/2020 | Start time: | 08:00 (Saturday) | Finish time: | 13:00 (Saturday) |
| Location/Route | Main Site: The Hollow, South Heighton, BN9 0HL | | | | |
| Assessment completed by: | Kyle Richardson [Club Secretary and Vice Chairman] Assessment has been approved by the Clubs Committee Members | | | | |
| Date of assessment: | 20/07/2020 | | | | |

| Risk | What are the hazards? | Who might be harmed and how? | Control Measures Required | Person Responsible for Implementing | Original Risk | Residual Risk |
|--------------|---|--|--|-------------------------------------|---------------|---------------|
| Insurance | Lack of adequate Club insurance in the event of accidents and/or sickness | Players, Parents and Coaches uninsured in the event of accident and/or sickness | Club Secretary has confirmed affiliated Club Insurance Policy in place for all ages. | Club Secretary | High | Nil |
| Sanitisation | Inadequate levels of personal sanitisation by arriving members | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>Hand sanitiser must always be on site for each team.</p> <p>Sanitisation products have been provided by the Club.</p> <p>Players and coaches MUST sanitise their hands before and after every session, and during the session if required.</p> <p>Parents must sanitise their hands if entering The Hollow using the contactless dispenser provided</p> | Coach | High | Medium |



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| | | | <p>Signage to be provided.</p> <p>Players must be reminded of personal hygiene protocols including hand washing and social distancing whilst on site, followed by hand washing when arriving home.</p> | | | |
| Sanitisation | Inadequate sanitisation of equipment | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>All equipment [balls, cones, poles, goals] must be thoroughly sanitised before and after every session (as well as during if required).</p> <p>Sanitisation products have been provided by the Club, including alcohol spray to be used for equipment and alcohol wipes for balls.</p> | Coach | High | Low |
| Equipment | Inappropriate use of equipment | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>Poles, cones, and balls are all permitted. Coaches should not use aluminium goals, communal ladders, hoops, or other agility equipment.</p> <p>Use of training bibs is not permitted.</p> <p>Players must not handle equipment for the purpose of helping coaches set up, clear down or reposition/repurpose. This includes whiteboards, magnets, markers, and pens.</p> | Coach | High | Low |
| Kit | Inadequate levels of personal sanitisation by arriving members | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | Players/Coaches should continue to wear Club Kit wherever possible to all training. | Coach/Parent | High | Low |



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| | | | <p>Kit worn to training must be cleanly washed before training and washed before being used again for any other session.</p> <p>Water bottles must be clearly identified as belonging to the player and held by the guardian/parent present.</p> <p>No water bottles should be shared amongst players.</p> <p>Gloves and masks may be worn by any players. These are optional.</p> | | | |
| <p>Social Distancing</p> | <p>Players, Parents and Coaches do not/cannot apply safe distancing.</p> | <p>Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus.</p> | <p>All players must always remain at least 2m apart during training. Sessions must be planned to accommodate safe distancing.</p> <p>All parents/guardians must always remain at least 2m apart during training. Parent/guardian space must be provided and clearly marked by the Coach.</p> <p>At The Hollow, no more than two teams will train on the Junior pitch, and no more than four teams (inclusive of a Goalkeeper session) will train on the Senior pitch concurrently.</p> <p>Where sessions may be scheduled to run consecutively, sessions must have a minimum 15 mins between end and start to enable safe exit and arrival</p> | <p>Coach</p> | <p>High</p> | <p>Med</p> |



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| | | | Training is only permitted in maximum Groups of 30 [this number includes the coach/es]. As and when a second group has been organised and players split, players must keep to their training groups for the entire session and must not mix. | | | |
| Training Activities | Activities are not appropriate to the FA guidelines and/or are not set up safely. | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>Ball mastery, passing, shooting, dribbling, running with the ball, and following recent guidelines, 1v1, tackling and SSG are also now permitted.</p> <p>Players may pass a ball but must not pick the ball up with their hands or use their heads.</p> <p>Goalkeepers must always wear gloves during handling.</p> | Coach | High | Low |
| Training Activities | Players unable to comply with restrictions | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>All ages (U5 – U10) shall be allowed train under these guidelines, however, this will be reviewed on an ongoing basis for each age group.</p> <p>All coaches should continue to review theirs and their team’s propensity to follow the guidelines on a regular basis.</p> | Coach | High | Nil |
| Player Supervision | Players are insufficiently supervised | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | <p>U11 and below must always be accompanied by a parent/guardian. U12+ is preferred but not mandated.</p> <p>A separate distancing space will be provided for parents/guardians.</p> | Coach/Parent | Medium | Low |



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| | | | Guidelines to be provided to all parents/guardians prior to training by the Club. | | | |
| Injuries | Players do not receive safe treatment of injuries | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | Coaches and First Aiders are permitted to conduct first aid and treat injured players including Emergency Aid [incl CPR] which must be applied following the COVID CPR guidelines provided. | Coach | Medium | Low |
| Facilities | Unsafe provision of sanitised facilities. | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | The Clubhouse shall be opened during training, including the kitchen and toilets. Again, this will be reviewed on a regular basis and must be cleaned during the training session as and when required A one-way system will be in operation at The Hollow with entry via the eastern emergency gate and exit via the north gate. The parents have also been advised of this. | Coach | Medium | Low |
| Other | Transmission of virus via spitting | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | Spitting is not permitted during exercise. | Coach/Players | Medium | Low |
| Other | Transmission of virus via recreation ground | Players, Parents and Coaches at risk of infection of COVID-19 via transmission of virus. | Parents to be advised that use of the recreational area at The Hollow is now able to resume | Coach/Players | High | Low |